WorkSafe Victoria is committed to achieving better health and return to work outcomes for injured workers.

Occupational therapists can conduct assessments of injured workers for WorkSafe Agents. These assessments assist WorkSafe Agents to make decisions about the type and level of support you may need as a result of your work-related injury or illness.

**Why do I need to participate in an occupational therapy assessment?**

Occupational therapy assessments are used to provide recommendations to WorkSafe Agents about the services that you may need to maximise your independence and participation in everyday activities and in returning to work.

WorkSafe Agents may also require occupational therapists to re-assess the services that you receive as your health improves or deteriorates, to ensure that these services continue to reach your recovery goals.

Occupational therapists can conduct assessments for the following services:

- **household help** – assessment of services such as gardening or cleaning that may be required for a period of time to help you recover from your injury
- **equipment/aids and appliances** – assessment and prescription of equipment/aids and appliances that may assist you to maximise your independence
- **transport needs** – assessment of your ability to drive a car or use public transport
- **attendant care** – if you have complex injuries, an assessment of the type of assistance you may need with personal care, community or therapy activities
- **car modifications** – if you have complex injuries, an assessment of the suitability of car modifications. For example, the installation of a spinner knob to help you turn the steering wheel of a car
- **home modifications** – if you have complex injuries, an assessment of the suitability of home modifications. For example, installing a rail in your bathroom.

**What type of assessments can be undertaken?**

Occupational therapists can provide two types of assessments to assist WorkSafe Agents to make decisions about the help you may need. These are:

- 1. Activities of Daily Living (ADL) Assessments, and
- 2. Benefit and Support Services Assessments (BASSA)

A WorkSafe Agent can request either assessment to review your potential need for help.
What is an ADL occupational therapist?
An ADL occupational therapist conducts assessments and makes recommendations to your WorkSafe Agent about the type of services that may be required to maximise your independence and participation in everyday activities and in returning to work. They will speak with you and your family and involve your treating healthcare practitioner.

ADL occupational therapists are registered with WorkSafe Victoria and have completed the WorkSafe online assessment training.

What is a BASSA occupational therapist?
A BASSA occupational therapist has skills and experience in conducting assessments and making recommendations that assist WorkSafe Agents to make decisions about the level of help and support you may require. They will speak with you and your family and involve your treating healthcare practitioner.

BASSA occupational therapists have entered into a contract with WorkSafe that has agreed service and reporting timeframes.

Do I need a medical certificate?
Medical certificates are not required for occupational therapy assessments conducted for WorkSafe Agents.

If some or all of the services recommended by the occupational therapist are approved by your WorkSafe Agent, your Agent may request that a medical certificate in support of those services is provided.

For more information
If you’d like more information about occupational therapy assessment services, please contact the WorkSafe Advisory Service on freecall 1800 136 089 or (03) 9641 1444 or email info@worksafe.vic.gov.au or visit worksafe.vic.gov.au